



WILDERNESS **Student Orientation**



Why Consider a Wilderness Program for Your Student Orientation?

- Improve students' transition to university life in a fun and creative way
- Help students develop a support network and make new friends
- Prepare students to confront challenges, set goals and develop plans for meeting them, both inside and outside of the classroom
- Encourage teamwork, problem solving, communication, and leadership

The Orientation Activities May Include:

- 1 to 10 day adventure trip
- Icebreaker introductions and team challenge and ropes course exercises
- Backpacking, hiking, and camping
- Rock climbing and rappelling
- Kayaking
- Mountain biking

- Instruction in wilderness skills including:
 - Leave No Trace (LNT) camping
 - Trail cooking
 - Orienteering (maps & compass)
 - Backcountry safety skills
- A solo experience
- Embedded professors



Benefits of a Wilderness Student Orientation Program

CHAMPIONS Wilderness Orientation offers a unique adventure for incoming students that will assist their transition into college life and provide lasting memories.

CHAMPIONS uses outdoor adventure activities to build a sense of confidence that they then carry into the classroom.

CHAMPIONS puts all participants in leadership positions. The positions range from leading the crew by taking charge of map and compass duties, guiding their crew through the team challenge course, and facilitating a partner through a ropes course or climbing challenge. Crews, teams of 8-12 participants, then learn and use communication tools to give leaders feedback on their performance. Through these diverse activities participants learn about:

- Group Dynamics
- Teamwork
- Communication
- Decision Making
- Problem Solving
- Leadership

Additionally CHAMPIONS offers an embedded professor program that serves to build student professor relationships. For each 12 students that participate in the program CHAMPIONS offers a free spot for a professor!

CHAMPIONS programs are designed to be fulfilling for people with a wide range of abilities and experience levels.



Why Choose CHAMPIONS?

CHAMPIONS provides an entire outdoor orientation program to its clients at a low cost with no logistical headache. We handle transportation, food, equipment, lodging, and all other aspects of the trip .

Moreover CHAMPIONS takes safety as seriously as possible. All of our guides are trained and certified when necessary. CHAMPIONS also provides the highest quality insurance for our participants, at 2 million dollars per person per incident.



Cost

Costs include all expenses (food, lodging, transportation, equipment, activities).

Minimum # of Participants: 10

Financial Aid Available

3-day trip – \$250 per person

5-day trip – \$500 per person

10-day trip – \$850 per person

30 to 45% cheaper than comparable programs!

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